

PRODUCTIVE LEARNING PRESENTS

THE 3 KEYS TO TRANSFORMATION

WITH LEISA REID

WORKBOOK

www.GetBeyondYourReasons.com



The 3 Keys to Transformation Workbook

This workbook covers the questions posed in the webinar, “The 3 Keys to Transformation.”

Consider these points when utilizing the workbook:

- 1) Identify a focus area and answer the three sections using your chosen focus area.
- 2) Examples of Focus Areas:
 - a. Relationships
 - b. Health
 - c. Finances
 - d. Career
 - e. Fulfillment

Once you have completed your workbook, feel free to select other focus areas and repeat the process.

To Your Extraordinary Life,
All of us at Productive Learning

KEY: UNDERSTANDING ONE'S SELF

Think of an area in your life that is less than ideal

1. What **experience(s)** did you have growing up that you still find yourself saying you don't like?
 2. What **setbacks or failures** have you had in this area?
 3. What **problematic patterns** did you learn from your environment that relate to this area?

KEY: DEVELOPING AWARENESS

Think of a time when you were emotionally triggered

1. Can you articulate what you felt?
 2. What thoughts were going in your head?
 3. What habitual behaviors were taking you off your ideal?

KEY: HAVING A COMPELLING VISION

Infuse emotion and inspiration into your vision

1. My vision for my life is:
 2. My vision would look like:
 3. My vision would feel like:
 4. Here is what I would be doing:
 5. What about my vision inspires me?

BEYOND RE^{SONS}



A Productive Learning Workshop



Fall Promotion

\$297 for Beyond Reasons + Bring a loved one for free!

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- www.GetBeyondYourReasons.com
- Select date & location
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Offer Valid till **November 17th**

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Have you noticed how the trees do not cling to their leaves? Fall is about releasing the old to make way for the new.

At Productive Learning, we invite you to move beyond your limiting beliefs and pave the way for an extraordinary life with our weekend workshop,
Beyond Reasons.

During our Fall Promotion, extend this extraordinary Buy-One-Get-One invitation to a loved one and kickstart their journey of personal development.

After all, the best experiences are created when you have somebody to share them with.



ProductiveLearning

Live an Extraordinary Life

Meet our Trainers: Leisa Reid



Leisa Reid

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“ There are always more possibilities available to you than you could ever imagine. Believe in yourself. ”

As a published author and professional speaker, Leisa understands that your perceptions have the power to define the way you experience the world around you. This reality has led her to dedicate her career to connecting individuals with educational opportunities designed to promote personal growth, challenge assumptions, and increase self-awareness.

Since joining Productive Learning in 2013, Leisa has worked to bring the organization's core programming into the community. She presents on the power of the mindset to hundreds of organizations and businesses throughout Southern California each year, often introducing participants to the concept of personal development for the first time. As a presenter, Leisa is known for her insightful and compassionate presentation style and her adaptable nature. This helps to develop a sense of community among those who attend her presentations by fostering the understanding that we are not alone in our struggles.

To support her presentations, Leisa pulls from more than 20 years of Management, Sales, and Executive Leadership experience. Prior to joining Productive Learning, Leisa addressed her passion for teaching, communication, and human dynamics as a business owner and in her numerous roles in university-level academic administration. She also founded the OC Speakers Network, an organization that supports speakers who wish to share their expertise. In 2016, Leisa published her first book *Manage to Success: A Guide to Cultivating Happy and Productive Employees*.

Whether working with clients or spending time with her family, Leisa is driven by her love of discovery. She approaches each day with excitement, recognizing that she has the power to create whatever she wishes to experience that day.